

Saint Mary's College High School

Enrichment Week 2010

Course Catalog



Faith, Service, Community

March 1-5, 2010



TABLE OF CONTENTS

			Page
<i>Philosophy of the Enrichment Week Program</i>			3
<i>Policies & Guidelines</i>			3-5
Enrichment Week Courses			
Afro-Brazilian Martial Arts - Capoeira	Project #7275	Cost: \$170	6
American Movie Classics: The Sequel	Project #7370	Cost: \$50	6
Backpacking in Death Valley National Park	Project #7185	Cost: \$575	6
Biking: Road Bike Adventure	Project #7465	Cost: \$150	7
Career in Athletics	Project #7290	Cost: \$75	7
Circus Fun	Project #7320	Cost: \$185	7
CloseUp: Washington D.C.	Project #7105	Cost: \$1,800	8
College Recruiting & Admission: Understanding the Process	Project #7195	Cost: \$40	8
Costa Rica	Project #7140	Cost: \$2,000	8
Culinary School: Kitchen on Fire!	Project #7128	Cost: \$280	9
Culinary School: Sensational Life Skills	Project #7365	Cost: \$200	9
Culture in the Bay Area	Project #7355	Cost: \$125	9
Driver Education & Training	Project #7277	Cost: \$400	10
Evolution of Hip Hop	Project #7250	Cost: \$40	10
Extreme Sports	Project #7425	Cost: \$180	10
Figurative Sculpture in Clay	Project #7340	Cost: \$275	10-11
Golf: A Lifetime of Enjoyment and Challenge	Project #7260	Cost: \$170	11
Home Improvement: Serving our Community	Project #7130	Cost: \$75	11
Immersion: El Salvador: Pilgrims of Peace	Project #7220	Cost: \$1,200	11-12
Immersion: New Orleans: Bay to the Bayou	Project #7170	Cost: \$900	12
Immersion: Oki-Ni-Soo-Ka-Wa (Blackfeet Reservation, MT)	Project #7200	Cost: \$600	12
Immersion: Venaver - East Bay	Project #7350	Cost: \$80	12
Introduction to Video and Film-Making	Project #7380	Cost: \$25	13



Joy of Eating	Project #7375	Cost: \$125	13
Leisure Recreation	Project #7150	Cost: \$100	13
Movement for Athletics: Pilates	Project #7390	Cost: \$100	13-14
New York City: Start Spreading the News!	Project #7420	Cost: \$1,200	14
Outdoor Education: Caritas Creek	Project #7450	Cost: \$25	14
Outdoor Education: Exploring New Horizons	Project #7360	Cost: \$25	14-15
Outdoor Education: Walden West Camp	Project #7115	Cost: \$25	15
Paris, France	Project #7310	Cost: \$2,500	15
Public Art ~ Mural Painting in our Community	Project #7385	Cost: \$50	15-16
SAT Prep	Project #7423	Cost: \$550	16
Scuba Diving Certification	Project #7145	Cost: \$800	16
Skateboard Aesthetics	Project #7345	Cost: \$25	17
Skiing & Service in Park City, Utah	Project #7155	Cost: \$1,350	17
Skydiving & Giant Killer Robots	Project #7460	Cost: \$125	17
Songwriting 101	Project #7110	Cost: \$75	18
Stained Glass Art	Project #7275	Cost: \$225	18
Streets of San Francisco	Project #7335	Cost: \$200	18
Style and Sophistication	Project #7300	Cost: \$200	18-19
The Real World	Project #7180	Cost: \$40	19
Using the Force: Visual Effects of Star Wars	Project #7120	Cost: \$65	19
Vandu Paarv India	Project #7125	Cost: \$2,100	19
Web Design, Begin Your Career	Project #7135	Cost: \$40	20
Window Art	Project #7160	Cost: \$125	20
Yosemite Institute in Olympic Park	Project #7173	Cost: \$825	20
Zamboni 101: The Hockey Experience	Project #7240	Cost: \$150	21
Individual Internship Program (IIP)	Project #7332	Cost: \$20	21
Student Course Selection Planner & Worksheet			22
Lasallian Educational Outcomes (LEOs)			



The Philosophy of the Enrichment Week Program

Saint John Baptist de La Salle believed that Lasallian Educators are with their students from morning to evening; this meant that the education envisioned would be characterized by a fraternal relationship between teacher and students. The Lasallian Educator is totally immersed in the life of his or her students sharing their interests, their worries, and their hopes. Lasallian Educators are not so much schoolmasters pounding truths into their heads, as they are an older brother and sister who help them to discern within themselves the call of the Spirit, to come to a better understanding of what is real, to recognize their abilities, and thereby to discover progressively their place in the world.

Adapted from "The Declaration"

A part of Saint Mary's mission is to educate the whole person by promoting the intellectual, spiritual, physical, and social development of each student while at the same time creating community. The administration, faculty, and staff are committed to living this commitment to educate the whole person through the curriculum, co-curricular programs, and day-to-day contact with students. Enrichment Week provides an additional means to develop and extend the school's mission. During this special week each student will have an opportunity to choose and participate in a course that is of particular interest to him/her. The curriculum for Enrichment Week is developed by the faculty and contains a mix of academic, travel, career exploration, and recreational classes.

Participation in Enrichment Week is mandatory for all students, but the choice of specific classes is up to each individual student and his/her family. Since the program is an addition to, rather than a part of the regular curriculum, courses carry fees which cover the cost of their materials, equipment, and/or transportation.

Please look carefully at the course offerings and make the choices appropriate for your children, paying particular attention to when and where each course meets each day. A lunch fair will be held in early January allowing students the opportunity to learn more about each course. Registration will take place later that same week.



Policies & Procedures

Enrichment Week Courses

All Enrichment Week courses are philosophically based on our Lasallian Educational Outcomes (LEOs). Each course is developed and/or coordinated by a Saint Mary's faculty member. All courses correspond with one or more of the following categories. Students are expected and encouraged to take a course from a different category each year. In this catalog, courses are identified according to a catalog number as indicated below:

1. College and/or Career Exploration
2. Educational and/or Cultural Experience
3. Recreation and/or Physical Wellness
4. Service and/or Spirituality

Priority Numbers

Priority numbers determine the order in which students may register for Enrichment Week courses. Priority numbers are posted when the catalog is distributed.

Course Registration

Students will register for Enrichment Week courses online through PowersSchool the first week in January. Registration forms need to be printed out by the each student then signed by a parent/guardian and returned no later than Friday, January 15. Forms will be collected during homeroom that week also. Failure to turn in a signed registration form will result with the student losing their priority number.

The Enrichment Week Registration Form is not only used to register a student in a course, but it also serves as a permission slip for the student to participate.

No Repeated Courses

Students are expected to take a different course each year and they are encouraged to take one class from each category throughout their four years at Saint Mary's. Students are not allowed to repeat a course unless approved by the course instructor and the Enrichment Week Director prior to registration day.

Transportation

Many courses require some off-campus travel. The majority of off-campus travel is usually done by public transportation (BART or bus). Since many students have BART tickets or a bus pass, students are responsible for the costs of local public transportation to course sites, unless otherwise specified in the final course itinerary. Transportation outside of the Bay Area will be part of the course cost and arranged by the school. We are always in need of parent volunteers to drive. Parent drivers help keep course costs down. If you would like to volunteer as a driver, please contact Cathy Molinelli via email at cmolinelli@stmchs.org.

Course Itinerary

Every teacher will provide the school and each registered student with a course itinerary. This itinerary will provide day-to-day details, including meeting and departure times, activity schedules, locations for each day, and transportation information.

Enrichment Week Parent Meetings for Overnight Trips & Immersions

Some courses require that a parent and the student come to the Enrichment Week Parent Meeting to meet the teacher, complete the required permission forms and obtain insurance/health care information. Some travel courses, and all immersion programs; have been sponsoring on-going meetings with students and parents. The required forms for these courses will be completed in one of these sessions.

Students and their parents will be required to attend the **Enrichment Week Parent Meeting on Monday, February 22, at 6:30pm**. This is a mandatory meeting. Failure to attend this meeting may result in a student's inability to participate in an overnight/travel course. *Students traveling with the Immersion Programs (El Salvador, New Orleans, Montana) will meet at 7pm in Auditorium that same evening.*

Paying for Enrichment Week Courses

For courses under \$200, Saint Mary's will bill families by mail in early February for the full cost of the course. For courses over \$200, the fee will be divided into two installments. The first installment will be mailed in February and the second installment in March. This two-payment program is for families who are current on their tuition payments or have been cleared by the Finance Office. Please contact Mr. Joseph Adams in the Finance Office if you have any questions or concerns regarding the billing and payment cycle. Mr. Adams can be reached via e-mail at jadams@stmchs.org.

No Refund

Students missing a course or a portion of a course due to an excused or unexcused absence or any tardiness will not receive a refund of money used to pay for the course. Most courses have pre-paid for materials, supplies, outside instructors, and transportation.

Cancellation of a Course or Increase in Fees

As courses are developed, teachers create a course budget and cost. Sometimes admission fares, transportation, or food costs change from the time the course was developed to the time the course is actually held. If there is an increase in course cost, students will be notified in advance.

If a course is cancelled due to lack of enrollment or for another unforeseen reason, students will be offered an opportunity to join another course that has an opening. Students may also be encouraged to create an I.I.P. (*Individual Internship Program*) for themselves based on the theme or subject of the course that was cancelled. The Enrichment Week Director will work with these students in creating their I.I.P.

Transcripts

Enrichment Week courses will appear on students' transcripts.

**All school policies described in the *Student-Parent Handbook* are in effect during Enrichment Week.
Please refer to the handbook for details.**

Attendance & Tardies

- All school policies regarding attendance and tardiness are in place during Enrichment Week.
- If a student is ill during that week, parents need to phone in the absence to the Main Office. Notes are required when the student returns to school.
- Students are required to complete the course in which they have enrolled. If a student misses a portion of the course because of an excused absence, s/he must make up the hours missed through an individual internship that must be approved by the Enrichment Week Program Director. The internship must be completed before the end of the semester.
- All unexcused tardies will be handled by the Enrichment Week Director. Students who are off-campus and have unexcused tardies will serve detention by arrangement with the Vice Principal.
- If a student misses a half-session (over 2 hours) it will be considered an absence.
- If a student misses a portion of the course due to an unexcused absence, it will be considered truancy; please refer to the Student/Parent Handbook for consequences on truancy.

Behavior Issues during Enrichment Week

- Inappropriate behavior will incur consequences during the Enrichment Week course, as well as disciplinary action at Saint Mary's upon the students' return.
- *On-Campus*: A student who is sent out of class while taking a course on campus is to report to the Main Office. The Enrichment Week Director will determine appropriate disciplinary action.
- *Off-Campus Day Courses*: If a student on an off-campus course is asked to leave for behavioral reasons, the instructor of the course will phone the school and speak to the Vice Principal for him/her to determine whether the student will be picked up by a parent at the course site or the instructor will send the student home after consultation with the student's parents.
- *Off-Campus Overnight and Travel Courses*: All school policies described in the *Student-Parent Handbook* are in effect during Enrichment Week, regardless of where the course is held. At the required parent meeting(s), the faculty member will discuss with parents what the procedure will be if a student needs to be sent home from the activity for his/her behavior. Inappropriate behavior will incur consequences during the Enrichment Week course, as well as disciplinary action at Saint Mary's upon the students' return.

If you have questions in regards to Enrichment Week courses, planning and/or preparation, please contact: Cathy Molinelli via email at cmolinelli@stmchs.org.

If you have questions DURING Enrichment Week, please call:

**Saint Mary's Main Office
Cathy Molinelli**

**510.526.9242
510.559.6249**



Enrichment Week Courses

Afro-Brazilian Martial Arts-Capoeira

Project Number: 7275

Ms. Jaeger

Cost: \$170

"A dance like a fight, a fight like a dance, a song...a way of life." *Mestre Acordeon*

Have you ever wanted to try out a martial art? Capoeira is unique Afro-Brazilian martial arts form that is directly descended from ancient Africa. It combines martial arts, music and a dance style similar to hip hop. We will be going to a local Capoeira studio in Berkeley, where we will learn some Capoeira moves, make music, incorporate a little dancing and try out some Brazilian food.

Course Category: 2, 3

Min./Max. Enrollment: 8/16

Where and When: Meet at *Capoeira*: Monday – Friday: 9:00 am – 2:00 pm

Meal(s): Bring lunch daily.

Supplies/Materials: Athletic shoes and clothes.

Transportation: Students provide own transportation to *Capoeira*: 1901 Solano Avenue, Berkeley.

American Movie Classics: The Sequel

Project Number: 7370

Mr. Puck

Cost: \$50

Watch, discuss, learn and enjoy as we see how diversity has captured the imagination of Americans in recent history. Together, we'll look at cultural and historical context and sheer artistic value of enduring works of drama, comedy, musicals, animation, and suspense. Come one and all. Two thumb's up!

Course Category: 2, 3

Where and When: Meet On-Campus (Room 327): Monday – Thursday: 9:00 am – 2:00 pm;
Friday: 9:00 am – 12:00 pm

Min./Max Enrollment.: 5/20

Meal(s): Bring lunch daily. Movie snacks provided.

Backpacking in Death Valley National Park

Project Number: 7185

Mr. Ridgway

Cost: \$575*

Death Valley is known as the hottest, driest, and lowest place in the United States. During this week long adventure you'll get to explore this amazing park while surrounded by snow-capped mountains, canyons, sand dunes, Badwater Basin (the lowest spot in N. America at -282 feet) and the remoteness of the backcountry. Students on this trip will learn a variety of backcountry skills while traveling and relying on each other. Destinations may include: Mesquite Flat Sand Dunes, Badwater Salt Flat, Mosaic Canyon, Darwin Falls, Little Bridge Canyon, Fall Canyon. Skills learned will include: leave no trace camping and backcountry travel, campsite selection, native plant and animal species, map and compass and park history. March is one of the best months to visit Death Valley when the average high temperature is 80 ° F with average low of 53 °. *Course cost is based on minimum enrollment and will decrease with a greater number of students; it will be adjusted before billing.

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 6:30 pm.

Course Category: 2, 3

Min./Max. Enrollment: 8/12

Where and When: March 1 - March 5.

Meal(s): Included in course fee.

Supplies/Materials: Hiking boots, sleeping bag (Synthetic rated to 25° or colder), ground pad, backpack and 2 - 1 Liter water bottles Equipment (can be rented)

Transportation: Arranged by school; included in course fees.

Biking: Road Bike Adventure (a.k.a. The Most Fun You'll Ever Have)**Project Number: 7465****Mr. Mihaly****Cost: \$150**

Get ready for a long distance bicycle adventure! Get your road bike out and get in shape because we're riding to Davis, CA and back: 180 miles in three days. Two fifty mile days (a few hills) and one 80 mile day (all flat) equal three fabulous days. We'll stay overnight in Fairfield on both nights.

Pre-trip conditioning is mandatory. We will have several mandatory trailing rides before Enrichment Week in which you must participate. Skipping these rides will exclude you from the trip unless Mr. Mihaly is assured of your physical conditioning.

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 6:30 pm.

Course Category: 3

Min./Max. Enrollment: 6/16

Where/When: Monday (9 am– 10 am) bring bikes and overnight bags to school
 Tuesday (8:30 am) Leave SMHS for Fairfield
 Wednesday: Fairfield to Davis and return to Fairfield
 Thursday: Leave Fairfield and return to Saint Mary's

Meals: Included in course fee.

Supplies/Materials: Bike in good condition, spare inner tubes, overnight bag, sleeping bag (optional), cycling shorts, bike shoes with appropriate pedals, and helmets.

Careers in Athletics**Project Number: 7290****Mr. Minor****Cost: \$75**

Do you love sports? How would you like to make a living with a career in athletics? This course will examine opportunities in the following fields: coaching, player management, athletic training, and public relations. Our course will also include facilities tours of some of our major league sport franchises in the Bay Area; Raider, 49ers, A's Giants, Warriors and Sharks. This course is designed to give students the opportunity to see their favorite sports teams in a view rarely seen by the public. Students will also get an idea what is needed to work in this highly competitive industry.

Course Category: 1, 2

Min./Max. Enrollment: 8/16

Where and When: Meet On-Campus: Monday – Friday: 10:00 am – 2:00 pm.

Meal(s) : Included in course fee.

Transportation: BART & School Van; Students provide own BART ticket.

Circus Fun**Project Number: 7320****Splash Circus Theater Instructors (Mr. Mohun)****Cost: \$185**

Come one! Come all! Learn circus arts at the Splash Circus Theater in Emeryville. Classes will include the following: static trapeze (including doubles), rope, Spanish web, cloud swing, hoop and aerial fabric, trampoline, tumbling, juggling and balance apparatus. Challenge your body and your mind.

Course Category: 2, 3

Min./Max. Enrollment: 8/20

Where and When: Meet at Splash Circus Theater: Monday – Friday: 9:00 am – 12:00 pm

Meal(s): Bring lunch daily.

Supplies/Materials: Basic exercise clothes.

Transportation: Students provide own transportation to Splash Circus Theatre: 4701 Doyle Street, Building F, Emeryville, 94608

CloseUp: Washington, D.C.**Project Number: 7105****Ms. Long****Cost: \$1,800**

Beautiful, exciting, historic Washington! Hear that helicopter overhead? Look up! It's probably Marine One, carrying the president to or from the White House! -- Spend a week away from home and in a place where you can meet and hang out with Barbara Lee, George Miller, Dianne Feinstein, Barbara Boxer, and more. Rendezvous with recent SMCHS graduates and follow them as they tour us through Georgetown, George Washington University, Howard University, American University, and Catholic University of America. Tour the White House. Sit in the House and Senate galleries. Visit the Smithsonian. View the ACTUAL Declaration of Independence and Constitution. See George Washington's Mt. Vernon. Visit Arlington Cemetery. Ride the Metro. See monuments everywhere you turn! And meet some new friends from across the US. It's Close Up's weeklong safari in Washington, D.C., a fun way to feed your intellect, enlarge your sense of community, and make an emotional connection with people and places. Six days, five nights, cost includes hotel, bus, metro meals. ***Space still available! See Ms. Long for details.***

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 6:30 pm.

Course Category: 1, 2, 3
Min./Max. Enrollment: 8/16
Where and When: February 27 - March 5
Meal(s): Included in course fee.
Supplies/Materials: List provided by instructor.
Transportation: Arranged by school; included in course fees.

College Recruiting & Admissions: Understanding the Process**Project Number: 7195****Mr. Lawson****Cost: \$40**

This class is designed for lower division students an opportunity to explore early in their academic career the requirements for college admissions to private universities, CSU's and the UC system. We will tour UC Berkeley and one other Bay Area college. Guest speakers will include college coaches and an academic advisor who will explain the recruiting process for different sports, the NCAA Clearing house and other essential factors in the admissions process. It's never too early to be prepared as we examine GPA's, test scores, and other factors that affect admission to college. Bowling and lunch provided on Friday.

Course Category: 1, 2
Min./Max. Enrollment: 8/16
Where and When: Meet On-Campus: Monday – Friday: 9:00 am – 1:00 pm
Meal(s): Monday, Tuesday & Thursday: Bring a snack and lunch;
 Wednesday & Friday: Lunch provided.
Transportation: BART & School Van; Students provide own BART ticket.

Costa Rica (Enrollment Closed)**Project Number: 7140****Ms. Cook and Ms. Ross****Cost: \$2,000**

Spend a week learning about the ecology, environment and people of Costa Rica! We travel through five different ecosystems and along the way, kayak, snorkel, swim, hike in the rainforest and see exotic animals in the wild like monkeys and macaws. Most of our time is spent at a remote, but comfortable, biological field station in the Oso Peninsula of Costa Rica, called Proyecto Campanario. In addition we do some community service in a rural school near the field station. This is a once in a life-time adventure and an experience that may change the way you view your world!

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 6:30 pm.

Course Category: 1, 2, 3
Min./Max. Enrollment: 6/16
Where and When: February 26 - March 6
Meal(s): All meals included.
Transportation: Arranged by school; included in course fees.

Culinary School: Kitchen on Fire!**Project Number: 7128****Chef Olivier Said (Ms. Molinelli)****Cost: \$280**

Travel the globe through the comfort of the kitchen, in our one of a kind hands-on cooking class series, "Cooking Around the World", with Chefs Mike C. and Olivier Said of "Kitchen on Fire." Over the five days, we'll learn the cuisines and cooking techniques of Asia, Europe, Africa/Middle East, North America, and Latin America.

Discover new and exotic ingredients, flavors, and the cultural food traditions of the peoples from all over the planet. Learn all the tips, tricks, and techniques of the pros to make you a confident cook, no matter the type of cuisine!

Course Category: 1, 2, 3*Min./Max Enrollment :* 20/24*Where and When:* Meet at Kitchen on Fire: Monday – Friday: 10:00 am – 2:00 pm*Meal(s):* Included in course fee.*Transportation:* Students provide own transportation to "Kitchen on Fire", 1509 Shattuck Ave., Berkeley (next to Chez Panisse)**Culinary School: Sensational Life Skills!****Project Number: 7365****Ms. Tracy Paulding (Ms. Molinelli)****Cost: \$200**

Sensational Life Skills will be a culinary adventure brought to you by COOK! Culinary Programs. We will spend our week together exploring flavors, learning simple recipes, practicing basic kitchen skills and, of course, eating! This class is designed to inspire the home cook, the dorm room chef (to-be), or aspiring professionals. *No experience necessary. Open-minded encouraged.*

Tracy's love for cooking is informed by her fascination with ritual, human connections and stories, and the roles that food plays in weaving these elements together. She is a long-time student of Chanoyu, the Japanese Art of Tea, as well as other tea traditions and has worked in various culinary fields for the last 20 years. Her current work is with Teance, a local tea importing business, and with Paulding & Company- a creative kitchen, where she works closely with her mom, teaching cooking and feeding people.

Course Category: 1, 2, 3*Min./Max. Enrollment:* 12/16*Where and When:* Meet On-Campus (Shea Center): Monday – Friday: 9:30 am -1:30 pm*Meal(s):* Included in course fee.*Supplies/Materials:* Provided by Instructor**Culture in the Bay Area****Project Number: 7355****Mr. Everly****Cost: \$125**

Ready for a cultural adventure? This fun-filled week will focus on exploring the various cultures that define the Bay Area. From Middle Eastern to far Eastern Cultures and everything between we will immerse ourselves in a culture a day, exploring the different environments, foods and people. By the end of the week our eyes will be open and perspectives altered regarding our surrounding communities and cultures. Come with an open-mind and heart!

Course Category: 2, 3, 4*Min./Max. Enrollment:* 8/16*Where and When:* Meet On-Campus: Monday – Friday: 9:30 am - 2:00 pm*Meal(s):* Included in course fee.*Supplies/Materials:* Walking shoes and writing utensil.*Transportation:* School Van & BART; Students provide own BART tickets

Driver Education & Training**Project Number: 7277****Safest Way Driving School (Mr. Simril)****Cost: \$400**

All inclusive! Earn your required Drivers Training Hours and your Drivers Education together with one course and one payment. **Students must be 15 ½ years of age to enroll in this course.** All students will be issued a "Student License" to allow them to concurrently do drivers training behind the wheel. The California State Law does not allow anyone to obtain their Learners Permit before the age of 15 and one half years of age. This course will take place on campus at Saint Mary's. You will complete Drivers Education in this week from 8:00am to 12 noon each day in class. While you will begin your Drivers Training hours this week, you may have more driving sessions outside of this specific week. As soon as you sign up and pay for this course, you will be able to call Safest Way and set up your three - two hour driving sessions, having at least one (if not all 3) during Enrichment week.

Course Category: 2*Min./Max. Enrollment:* 30/40*Where and When:* Meet On-Campus: Monday – Friday: 8:00 am – 12:00 pm
AND Driver "Behind the Wheel Training" will be scheduled daily after lunch.*Meal(s):* Bring lunch daily. Lunch provided on Friday, March 5.*Supplies/Materials:* Provided by Instructor.**Evolution of Hip-Hop****Project Number: 7250****Mr. Banks****Cost: \$40**

Over the years hip-hop has transformed from an underground culture to a mainstream phenomenon. It was once the voice of the under privileged and is now a mainstream staple that has been packaged and sold to our youth as a way of life. Hip-hop has influenced stereotypes, culture and language. Has hip-hop lost its true meaning on its way to becoming accepted in mainstream society? This course will take you from the origins of hip-hop to present day flow. Through the use of film, music and text we will attempt to answer the question that is posed to us by the great ghetto philosopher Nas: *Is hip-hop dead?*

Course Category: 2*Min./Max. Enrollment:* 8/16*Where and When:* Meet on campus: Monday – Friday: 9:00 am – 1:00 pm*Meal(s):* Lunch & Snacks provided on some days.*Supplies/Materials:* Provided by Instructor.**Extreme Sports****Projects Number: 7425****Mr. Quach****Cost: \$180**

Come and challenge yourself for a week of fun and excitement! This course will include activities that are both individual as well as team sports. Some of the activities will include Go-Kart racing, Beach Volleyball, Indoor Rock Climbing, and other fun & extreme sports.

Course Category: 3*Min./Max. Enrollment:* 8/16*Where and When:* Meet On-Campus: Monday – Friday: 9:30 am – 2:00 pm*Meal(s):* Bring lunch daily.*Supplies/Materials:* Comfortable clothing*Transportation:* BART & School Van; Students provide own BART ticket.**Figurative Sculpture in Clay****Project Number: 7340****Amana Johnson (Ms. Molinelli)****Cost: \$275***

Explore your personal magic through the creation of a fine art ceramic sculpture. Join nationally renowned artist, Amana Brembry Johnson, for a week of "creative flight", as we use hand-building techniques to construct figurative sculptures in clay. Ms. Johnson, also a master teacher, is known for finding and highlighting your creative potential. Students who never thought they had a creative bone in their body are especially encouraged to participate. You will experience the fulfillment of envisioning a

sculpture project and bringing it to life. Every endeavor worth pursuing brings unexpected obstacles. We will learn to use our imagination to transform the unexpected into something astounding. In this class we will come to understand that in the practice of art, as in the practice of living, there are no mistakes – only a journey to a deeper place. **Course cost is based on minimum enrollment and will decrease with a greater number of students; it will be adjusted before billing.*

Course Category: 1, 2, 3
Min./Max. Enrollment: 6/15
Where and When: Meet On-Campus: Monday – Friday: 9:30 am – 2:00 pm
Meal(s): Bring lunch daily.
Supplies/Materials: Provided by instructor; included in course fee.

Golf: A Lifetime of Enjoyment & Challenge

Project Number: 7260

Mr. Henning

Cost: \$170

Golf is much more than attempting to hit a small white ball toward an elusive target. Golf is a tradition with a rich history, a social pastime for friends and family, and a physical and mental challenge that can never be completely mastered. Golf is even a reflective experience that teaches a lesson with every round. This course will include some classroom instruction on the history and rules of golf, as we teach the fundamentals of swinging a golf club. Emphasis will be placed on the social possibilities and etiquette with golf that make golf fun and safe. We will play four different golf courses with appropriate challenges for all players.

Course Category: 2, 3
Min./Max. Enrollment: 8/14
Where and When: Meet On-Campus: Monday : 8:00 am – 3:00 pm
 Meet at golf course (site TBD): Tuesday & Wednesday: 8:00 am – 3:00 pm
 Meet at golf course (site TBD): Thursday: 9:30 am–6:00 pm
Meal(s): Bring lunch daily.
Supplies/Materials: Golf clubs needed.
Transportation: School Van & Car pools arranged; Students *may* need to provide own transportation to specific golf courses.

Home Improvement: Serving our Community

Project Number: 7130

Mr. Bertero

Cost: \$75

This course is designed to be much more than a Home Improvement project for our Saint Mary's students. It is designed as an outreach project and an opportunity to offer a 'helping hand' to an elderly member of our Saint Mary's community. This project entails creativity and enthusiasm in renovating the landscape of a home that, over time, has become unmanageable and overwhelming for an elderly resident to maintain.

We encourage any student who enjoys working in the garden, grabbing a paint brush or hammer, and enjoys mending fences to enroll in this course. The project requires a cooperative team approach to designing & executing a project design in landscaping and renovating the exterior of a home.

Course Category: 1, 2, 3, 4
Min./Max Enrollment: 8/16
Where and When: Meet On-Campus: Monday – Friday: 8:30 am – 3:00 pm
Meal(s): Bring lunch on Monday – Thursday; Lunch provided on Friday.
Supplies/Materials: Work clothes, shoes & gloves.
Transportation: Provided by school.

Immersion: El Salvador: Pilgrims of Peace (Enrollment Closed)

Project Number: 7220

Ms. Graviss

Cost: \$1,200

Begun in 2000 by a former Saint Mary's teacher who had ties to El Salvador, this immersion trip takes students to the small town of Guarjila in Chalatenango, El Salvador. While there, students live with families of the Tamarindo Youth Group. We live simply and spend our days in community and solidarity with the youth of Guarjila. We also visit important cultural and historic sites and see the natural beauty of this Central American country. Spanish and English are spoken. Participants of this trip find their faith, sense of

self and understanding of the world challenged. They also form lasting friendships and a commitment to serve humanity. *Enrollment is closed. Students applied for this immersion trip in September.*

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 7:00 pm.

Course Category: 2, 3, 4
Where and When: Details provided by the instructors.
Meal(s): All meals provided.
Transportation: Arranged by school; included in course fees.

Immersion: New Orleans: Bay to the Bayou (Enrollment Closed)

Project Number: 7170

Ms. Shafai & Mr. Ferreira

Cost: \$900

This immersion program takes students to New Orleans to see the devastation left by Katrina and to share in the hope and determination of the people. We will help restore the lives and property of those devastated by Hurricane Katrina but more importantly, we will build relationships with people. We will meet families and young people who are rebuilding their lives and their city after this disaster – a disaster that was both natural and human made. Participants will also learn about the history of the region, experience the struggles the people are still trying to overcome, learn about our Lasallian connection to the area by meeting with other Lasallian students, and take in the culture and the richness of the New Orleans. *. Enrollment is closed. Students applied for this immersion trip in September.*

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 7:00 pm.

Course Category: 2, 3, 4
Where and When: Details provided by the instructors.
Meal(s): All meals provided.
Transportation: Arranged by school; included in course fees.

Immersion: Oki-Ni-Soo-Ka-Wa (Blackfeet Reservation) (Enrollment Closed)

Project Number: 7200

Mr. Forte & Ms. Harkness

Cost: \$600

Ten students have the opportunity to travel to Browning, Montana to participate in a cultural immersion on the Blackfeet Indian Reservation. While in Montana, students will work with Head Start Students, elementary students, and the elders of the community. Students will prepare lessons for the school-age groups which could include science, art, and/or history activities. As part of the immersion program, students will focus on four areas of personal development: faith, social justice, service, and reflection. To prepare for the immersion experience, students will study aspects of Blackfeet culture through readings, videos, and discussions. Upon return from the experience, there will be follow-up meetings to share the experience with the Saint Mary's community. *Students applied for this immersion trip in September.*

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 7:00 pm.

Course Category: 2, 3, 4
Where and When: Details provided by the instructors.
Meal(s): All meals provided.
Transportation: Arranged by school; included in course fees.

Immersion: Venaver – East Bay

Project Number: 7350

Ms. Martin & Mr. Sommers

Cost: \$80

Lasallian schools are places where service to others is a key element. This immersion course challenges students to do just that: learn and serve! Spend your Enrichment Week serving food, helping the elderly and helping children right here in the East Bay. We will work together to build our own community while helping others.

Course Category: 2, 3, 4
Min/Max Enrollment: 8/16
Where, When: Meet On-Campus: Sunday (2/28): 12-4pm, Monday -Thursday: 9:00 am - 2:00 pm
Meal(s): Bring lunch Monday - Thursday
Supplies/Materials: Journal, pen, camera, simple modest clothing, work shoes.
Transportation: BART & School Van; Students provide own BART ticket.

Introduction to Video & Film-Making**Project Number: 7380****Mr. Rogers****Cost: \$20**

This course is designed for the student who is interested in learning how to make movies. Using a digital video camera, iMovie software, and a creative mind, students will spend the week developing, filming, and editing their own short film. Students will meet on campus daily and spend their mornings and afternoons going over the basics of developing a storyboard, filming techniques, and editing. An "Academy Awards" presentation will culminate the week. Students who are new to movie-making and may have a digital camera, creative imaginative minds are encouraged to sign-up.

Course Category: 2*Min./Max. Enrollment:* 8/16*Where and When:* Meet On-Campus (Computer Lab): Monday – Friday: 9:00 am – 2:00 pm*Meal(s):* Bring lunch daily. **Lunch provided on Friday.***Supplies/Materials:* Students may need a digital video camera with all cords, plugs, tapes, microphones and notebook, pen/pencil as well as an idea for a short film!**Joy of Eating****Project Number: 7375****Ms. Harrington****Cost: \$125**

"Taste and you shall see!" Enjoy San Francisco and the East Bay as a tourist and a food connoisseur. Our daily expeditions will take us to a new location each day of this five-day course as we enjoy food as a spiritual, social and service event. From enjoying fine dining to creating a fine dining experience for others, we will develop our sense of taste as well as our sense of responsibility to food. Break bread as a community, tour an organic garden, share new culinary cultures and discover for yourself the true "joy of eating."

Course Category: 2, 3, 4*Min./Max. Enrollment:* 8/16*Where and When:* Meet On-Campus:
Monday, Wednesday & Friday: 9:00 am – 2:00 pm
Tuesday & Thursday: 8am – 1:00 pm*Meal(s):* Bring lunch Monday – Thursday; Lunch provided on Friday.*Supplies/Materials:* Provided by instructor*Transportation:* BART & School Van; Students provide own BART ticket.**Leisure Recreation****Project Number: 7150****Ms. McCormick****Cost: \$ 100**

WE DON'T NEED NO STINKIN' GYMS! Picture yourself boating on a lake, or riding a horse....these are just a couple of the wonderful activities we will do during E-Week 2010. **Leisure Recreation** will expose you to a variety of activities in the Bay Area that are both athletic and fun, including bowling, ice skating, pee-wee golf, boating and horseback riding. Students should possess an open mind and attitude (as well as the proper clothing) as we attempt new activities that can be done for dates, for exercise, or just plain fun. Beginners are welcome as experience is often the best teacher.

Course Category: 2, 3*Min./Max. Enrollment:* 8/24*Where and When:* Meet On-Campus (Room: Monday – Friday: 9:00 am – 2:00 pm)*Meal(s):* Bring lunch daily.*Transportation:* Provided by school, students will provide own BART and school vans**Movement for Athletes (Pilates)****Project Number: 7390****Instructor TBD (Ms. Morales)****Cost: \$100**

It may be the trendiest exercise fad amongst Hollywood types today, but did you know that Pilates was developed to help injured soldiers during World War II? During this week long intensive, you will learn how to use and take care of your body in a whole new way! Exploring movement through the 8 principles of

Pilates- Control, Flowing Movement, Breath, Precision, Stability, Centering, Opposition, and Range of Motion- you will gain body awareness, strength, and flexibility that can be applied to all physical activities from dance to football, martial arts to soccer, yoga to weight lifting!

Course Category: 3
Min./Max. Enrollment: 5/12
Where and When: Meet at Ellie Herman Studio: Monday – Wednesday: 9:00 am – 2:00 pm
Meet On-Campus (Auditorium): Thursday & Friday: 9:00 am – 2:00 pm
Meal(s): Bring lunch daily.
Supplies/Materials: Comfortable clothing, water bottle.
Transportation: Students provide own transportation to Ellie Herman Studio, 3929 Grand Ave., Oakland.

New York: Start Spreading the News! (Enrollment Closed) **Project Number: 7420**
Mr. Palladino, Ms. Aschinger & Ms. Morales **Cost: \$1,200**

This trip to New York will be a great opportunity to explore its many tremendous colleges and unique culture. The trip's highlights will include: visits to colleges like Fordham, Manhattanville and Columbia; cultural experiences including visits to Coney Island, Statue of Liberty, Ellis Island and the Metropolitan Museum of Art; experience a Broadway production, and explore New York's many famous pizza establishments. Students will take the opportunity to be intellectually and communally engaged with their world.

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 6:30 pm.

Course Category: 1, 2, 3
Min./Max. Enrollment: 8/16
Where and When: February 27 - March 5
Meal(s): Some included in course fees
Transportation: Arranged by school; included in course fees.

Outdoor Education: Caritas **Project Number: 7450**
Caritas Staff(Mr. Davis) **Cost: \$25**

CYO Caritas Creek is an environmental education program that stresses direct and active learning in nature, community building, and social and spiritual growth. Volunteers will be responsible for being cabin counselors to eight elementary-age students and an assistant to a teacher/naturalist during the daytime hikes. Volunteers will develop leadership and childcare skills. This is a fun way to get to know others, help elementary-age students, and enjoy nature. *Students must attend a Caritas training and be accepted into the program by the CYO staff and Mr. Davis.* **Open to sophomores, juniors and seniors only.**

Course Category: 2, 3, 4
Min. /Max Enrollment: 8/20
Where and When: Monday: Leave Saint Mary's at 8:00 am
Friday: Arrive Saint Mary's by 3:00 pm
Meal(s): All meals provided.
Supplies/Materials: List provided at meeting prior to departure.
Transportation: Provided by CYO

Outdoor Education: Exploring New Horizons **Project Number: 7360**
Horizon's Staff (Ms. Molinelli) **Cost: \$25**

As a week-long outdoor school counselor, students explore and study the natural world while developing valuable leadership skills. Counselors are in charge of a group of seven to ten 5th and 6th grade students. They must get them to meals, hikes, and evening activities on time with their pencil, water bottle and rain jacket. This only scratches the surface of the responsibility and work each student assumes as a counselor. Counselors act as enthusiastic role models with their campers, taking pride in how well their students did during an activity. A naturalist, who acts as a counselor coordinator, checks in with each counselor daily, listens to concerns, and successes. Although a week of being a counselor for *Exploring New Horizons* is challenging, the benefits can last a lifetime. Visit www.exploringnewhorizons.org for more information. **Open to sophomores, juniors and seniors only.**

Course Category: 2, 3, 4
Min/Max Enrollment: 8/8
Where and When: Sunday, February 28: Leave Saint Mary's at 5:30 pm
 Friday: Arrive Saint Mary's by 2:00 pm
Meal(s): All meals provided.
Supplies/Materials: List provided at meeting prior to departure.
Transportation: Parent Driver's needed to drive students to Exploring New Horizons; school van will bring students back on Friday.

Outdoor Education: Walden West Science Camp

Project Number: 7115

Horizon's Staff (Ms. Molinelli)

Cost: \$25

The Walden West science program is an outdoor school program designed for fifth and sixth graders. Each session spans five days and four nights during which students, accompanied by classroom teachers, live and learn in an outdoor environment. The program is operated on the premise that students learn best through hands-on activities. Lessons in the natural sciences are brought to life with the hope that through education, students will develop an understanding and sense of appreciation for the environment. The Walden West science program emphasizes learning by doing. Students are immersed in activities that stimulate their interest in science and the outdoors.

As a volunteer, you will be responsible for being cabin counselors to eight elementary-age students and an assistant to a teacher/naturalist during the daytime hikes. In addition, you will develop leadership and childcare skills. This is a fun way to get to know others, help elementary-age students, and enjoy nature. Visit <http://www.sccoe.org/waldenwest/> for more information. **Open to sophomores, juniors and seniors only.**

Course Category: 2, 3, 4
Min/Max Enrollment: 8/8
Where and When: Sunday, February 28: Leave Saint Mary's at 5:30 pm
 Friday: Arrive Saint Mary's by 2:00 pm
Meal(s): All meals provided.
Supplies/Materials: List provided at meeting prior to departure.
Transportation: Parent Driver's needed to drive students to Walden West; school van will bring students back on Friday.

Paris, France (Enrollment Closed)

Project Number: 7310

Ms. Mahoney

Cost: \$2,500

Travel « *en famille* » to the City of Lights and get a sense of what life is really like in France during this language and cultural immersion. You will see many of the usual tourist sites (what's a visit to Paris without the Eiffel tower?) but also consider the everyday (what's a French supermarket like ?) and the often ignored (when was the last time you went down into a sewer ?). As well as sampling some of the finest churches, greatest food, most celebrated art, and the rich pageant of street life which is Paris, we will take a special look at what happens when two cultures meet, specifically the American/French connection and the role of North African culture in the life of modern day France. Day trips to Versailles and Normandy (the D-Day beaches) are included. Knowledge of French is required. Open to past and present French students.

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 6:30 pm.

Course Category: 2, 3
Min./Max. Enrollment: 8/12
Where and When: February 26 - March 6
Meal(s): Some meals included.
Transportation: Arranged by school; included in course fees.

Public Art - Mural Painting in the Community

Project Number: 7385

Mr. Olivier

Cost: \$50

If you enjoy painting and helping to contribute to beautifying the environment for children, these mural projects are for you. Designs will be provided for simple visual story-telling projects. Two school sites are being prepared, Saint Martin De Porres Elementary School and Saint Leo's gym in Oakland.

Skateboard Aesthetics**Project Number: 7345****Mr. Sutphin****Cost: \$25**

Skateboarding is one of the most important elements of American urban culture, and it's grown into an international sport with its own language and aesthetic and style. If you are a part of this culture—or want to check it out—join us for a week of urban and park skating. We'll visit some of the best parks in the Bay Area and do some urban skating as well. We'll also check out some of the greatest skater films ever made, explore the current skater/hipster phenomenon, and make a short documentary on the movement at Saint Mary's.

Course Category: 2, 3
Min./Max Enrollment: 8/16
Where and When: Meet On-Campus (Room 505): Monday – Friday: 9:30 am – 2:00 pm
Meal(s): Bring lunch Monday – Thursday; Friday a BBQ with a showing of our film.
Supplies/Materials Bring your own skateboard and some fresh fits.
Transportation: Students provide own BART tickets.

Skiing & Service in Park City, Utah (Enrollment Closed)**Project Number: 7155****Mr. Shum****Cost: \$1,350**

Come ski and snowboard at one of the world's premier destinations, Park City Mountain Resort in Utah. Escape the monotony of Tahoe and experience some of the best conditions and environment Utah has to offer. Beginners can reap the benefits of learning and improving on the best snow on Earth, while experts can tackle some of the most challenging terrain. This year, the school will partner with Saint Mary's of the Assumption Church in Park City, Utah and participate in their Niños on Skis program. Students from our school will spend one day skiing with children from immigrant families in the Saint Mary's of the Assumption Parish. Children of these immigrant families often desire to ski, but lack the resources to make it happen. Through this activity, our students will gain the opportunity to become role models for younger children.

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 6:30 pm.

Course Category: 2, 3, 4
Min./Max. Enrollment: 8/18
Where and When: Meet at Oakland Airport, February 27 and return March 4, Thursday.
Supplies/Materials: Equipment not included in course costs.
Transportation: Arranged by school; included in course fees.

Skydiving & Giant Killer Robots**Project Number: 7460****Mr. Reed****Cost: \$125**

We'll start the week off with some skydiving...indoors. We'll venture to **iFly SF Bay** in Union City (<http://www.iflysfbay.com/>) for some indoor skydiving and a tour of this fascinating facility. You'll not only learn how they make an indoor fan strong enough to make you feel like you are skydiving, but you'll also spend time skydiving yourself. After flying on Monday, we'll spend Tuesday through Friday grounded in the activity of learning how to build, program, and maybe even destroy robots. Using the Mindstorms NXT kit we will build robots for specific daily competitions. All robot kits include the following: 3 servo motors for precise movement, sound sensor that reacts to sound commands, ultrasonic sensor that responds to movement, touch sensor, light sensor, and the NXT Intelligent Brick. Come and see if you can build the robot champion.

Course Category: 2, 3
Min./Max. Enrollment: 8/20
Where and When: Meet On-Campus (Room 212): Monday – Friday:
Monday: 8:00am – 2:00pm
Tuesday – Friday: 9:00am – 2:00pm
Meal(s): Bring lunch daily.
Supplies/Materials: Provided by instructor.
Transportation: Provided by school.

Songwriting 101**Project Number: 7110****Mr. Filson****Cost: \$75**

Do you play piano and / or guitar? Are you tired of playing someone else's songs? Come learn the basics of songwriting and composition with some of the local songwriters and Mr. Filson. Learn how to harmonize major and minor scales and apply this knowledge to your own songs.

Course Category: 1, 2, 3
Min./Max. Enrollment: 10/20
Where and When: Meet On-Campus (Band Room): Monday – Friday: 9:30am – 2:00pm
Meal(s): Bring lunch daily.
Supplies/Materials: Provided by instructor.

Stained Glass Art**Project Number: 7275****Stained Glass Garden (Ms. Molinelli)****Cost: \$225**

Spend a week making your own beautiful stained glass art piece under the guidance of a professional glass artist. You will make pieces that friends, family and others may enjoy for generations to come.

Course Category: 2, 3
Min./Max Enrollment: 6/10
Where and When: Meet at Stained Glass Art: Monday – Friday (10am – 1pm)
Meal(s): Bring lunch daily.
Supplies/Materials: None needed.
Transportation: Students provide own transportation to Stained Glass Garden:
 1800 Fourth Street, Berkeley, 94710

Streets of San Francisco**Project Number: 7335****Dr. Mullane****Cost: \$200**

Ever see "The City" through the eyes of a fourth generation native? Why not join this course and tour San Francisco's neighborhoods and historic sights on both feet and wheels (cable car, trolley, and street car). We will focus on one area of the city per day. We will visit Chinatown, North Beach, the Mission, Nob Hill, Russian Hill, Coit Tower, Fisherman's Wharf, and Ocean Beach. We will picnic in Golden Gate Park, eat a very Mexican lunch, see a stage performance, and dine at a special restaurant. So put on your walking shoes and sign up now.

Course Category: 2, 3
Min./Max. Enrollment: 8/16
Where and When: Meet Monday - Friday at a specific BART station in San Francisco: 9:00 am – 3:00 pm
Meal(s): Lunch is provided.
Transportation: Students provide own transportation to San Francisco via BART.

Style and Sophistication**Project Number: 7300****Brother V. Kenneth, F.S.C. & Ms. McManus****Cost: \$200**

Back by popular demand! This course is designed for those students who are setting their sights on assuming their places in society, higher education and the business professional world. Beware! The demands of this week will be as great as the benefits it will give. You will be educated, informed and challenged in all areas of personal presentation and deportment.

If you are serious about having your horizons broadened, and your sense of self expanded, then this is the course for you! We begin with a presentation on the psychological impact of how one dresses and how one appears to others. Next, we will move into the various aspects of daily etiquette. Covered here will be everything from behavior and deportment to "Thank You" notes and elegant dining. Personal presentation follows this. For a two-day period, experts will take you through clothing choices, including color, fabric and style. Skin care, nail care, hair cut style and cosmetics are also a vital part of this ongoing educational session.

All of this is aimed at the serious student, male and female, who is interested in gaining personal growth, style and sophistication so necessary for success in today's professional world. If you are up for a genuine personal challenge that may just change you forever, you are welcome to sign up for this course.

Course Category: 3
Min./Max Enrollment: 30/32
Where and When: Meet On-Campus (Room 510): Tuesday – Friday: 9:00 am – 2:00 pm
Meal(s): Bring lunch daily.
Supplies/Materials: All students taking this course must wear dress clothing each day.
Transportation: Arranged by school; included in course fees.

The Real World**Project Number: 7180****Mr. Smith****Cost: \$40**

Like it or not, ready or not, you must begin preparing for life after Saint Mary's. Welcome to a course that is all about helping you take those first steps on the road to college and a career. In other words, welcome to The Real World. We'll get you up to speed on resumes, college essays, interview and current events – all so you can prepare for your future.

Course Category: 1, 2
Min./Max Enrollment: 8/16
Where and When: Meet On-Campus (Room 224): Monday – Friday: 9:00 am – 1:00 pm
Meal(s): Bring lunch daily.
Supplies/Materials: Provided by Instructor

Using the Force: Visual Effects of Star Wars**Project Number: 7120****Mr. Conlan****Cost: \$65**

Learn the art and technology behind the ground breaking visual effects of the Star Wars Universe. Using Final Cut Express and Adobe After Effects you will learn rotoscoping for lightsabers, particle effects for Force lightning, and green screens for virtual environments. Working in groups, you will create your own short Star Wars fan film. We will also take trips to a 3D motion capture studio and a special effects studio throughout the week. Which side of the Force will you choose?

Course Category: 1, 2, 3
Min./Max Enrollment: 8/16
Where and When: Meet On-Campus (Room 102): Monday – Friday: 9:00 am – 2:00 pm
Meal(s): Bring lunch daily.
Transportation: Arranged by school; included in course fees.

Vandu Paaru India (Enrollment Closed)**Project Number: 7125****Ms. Gonzales & Mr. Fulay****Cost: \$2,100**

Journey to beautiful Tamil Nadu where we will reflect on "the paradox of India" in which such joy, vitality, happiness, and life happens amidst great poverty. We will travel throughout Southern India to various sites and Lasallian institutions as we explore how history, culture, politics and religion play a critical role in shaping the lives of people we will meet. Our adventure will begin in St. Joseph Boys Village where we will live in community with the Brothers and orphans. We will witness first hand the impact of our Lasallian mission on the local communities and how it shapes what we do at SMCHS. Join us as we explore temples, villages, schools and your own faith and spirituality.

Students & their parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 6:30 pm.

Course Category: 2, 3, 4
Min./Max. Enrollment: 12
Where and When: February 26 - March 7
Meal(s): Most meals are provided.
Supplies/Materials: List provided by instructor.
Transportation: Arranged by school; included in course fees.

Web Design: Begin Your Career!**Project Number: 7135****Mr. Thomas****Cost: \$40***“Knowing HTML in the 21st century is as important as being able to write in the 15th century.”*

Web Production Artist, Web Production Specialist, Web Developer, Web Application Developer, etc. all of these jobs requires experience with HTML/XHTML, and CSS. In this class you will create webpages from scratch. You will learn how to format pages for different web browsers and for mobile devices. As we learn, create and explore this week we will be making web pages for a nonprofit organization that focuses on service for the poor. *This is good work with a purpose!*

Course/Category: 1, 2, 4
Min./Max. Enrollment: 8/16
Where and When: Meet On-Campus (Library): Monday – Friday: 9:00 am – 1:00 pm
Meal(s): Bring lunch daily. Lunch provided on Friday.
Supplies: Provided by instructor. (Textbook: HTML, XHTML and CSS by Elizabeth Castro)

Window Art**Project Number: 7160****Instructor TBD (Ms. Molinelli)****Cost: \$125**

This class will introduce students to the various aspects of window painting, such as: preliminary design, appropriate tools and mediums, safe and clean production methods, and current business models in the field of artistic creation; while utilizing a team-mentality in order to produce window art throughout the Saint Mary's campus.

Course/Category: 2, 3
Min./Max. Enrollment: 6/10
Where and When: Meet On-Campus (Shea Center): Monday – Friday: 10:00 am – 2:00 pm
Meal(s): Bring lunch daily.
Supplies: Included in course fee.

Yosemite Institute in Olympic Park**Project Number: 7173****Mr. Davis****Cost: \$825**

Yosemite Institute is a national outdoor education program founded in Yosemite National Park to provide student access and instruction in national parks during non-peak periods. Students do not need to camp or cook in campsites as the program uses the park's lodging and cafeteria system to feed and house participants during the six day sessions. The program's popularity has encouraged them to open additional campuses in other national parks around the nation. During this year's Enrichment Week, Saint Mary's students have the opportunity to participate in the Yosemite Institute's program in the Olympic National Park.

This is a six-day, five-night program to the Olympic Peninsula of Washington State. The environmental education available covers a range of habitats from the seashore and tide pool exploration to rain forest investigations to a variety of inland evergreen habitats and may even include snowshoeing up on Hurricane Ridge. The actual decisions about the areas to be visited will be made by the group as a whole once all the participants are known.

Olympic Park Institute feeds and houses participants in their new facility, the historic Rosemary Inn on Lake Crescent. We will travel to the park from the Bay Area via a combination of methods: airplane to the Seattle-Tacoma Airport, van to the ferry, the ferry to Port Angeles, and a van again to the middle of the park.

Participants can come from any grade level and need no previous experience. Students must be willing to take part in all the group activities.

The cost of the trip includes all meals and transportation in the Northwest. Some additional money will be necessary for personal expenses. Clothing and equipment will be discussed in meetings prior to leaving.

Students & parents will be required to attend the Enrichment Week Parent Meeting on Mon., Feb. 25 at 6:30 pm.

Course Category: 2, 3
Min./Max. Enrollment: 8/12
Where and When: February 28 – March 5
Meal(s): Included in the course costs.
Supplies/Materials: List provided by instructor.
Transportation: Arranged by school; included in course fees.

Whether you are a hockey fanatic or someone who is interested in learning more about the game, you will have a great week with hockey related activities. Some of the possible outings include: going to a San Jose Sharks game, working with the official NHL non-profit organization, tour of the HP Pavilion, private rink time at Oakland Ice Center, and more. No prior hockey experience is necessary.

Course Category: 3, 4
Min./Max. Enrollment 8/16
Where and When: Meet On-Campus (Room 810): Monday – Friday: 9:00 am – 2:00 pm
Meal(s): Bring your lunch daily.
Supplies: Provided for off-campus visits.



Individual Internship Program (IIP)

IIP's are available to upper division students (lower division students only in exceptional circumstances) who want to create their own projects in order to explore a subject area or an interest that falls into one or more of the categories of all Enrichment Week courses:

1. College Visits (Juniors only)
2. Career Exploration
3. Service Learning and/or Spirituality

This is an opportunity for you to do something really challenging, interesting, and rewarding. Be creative! Be productive! You are encouraged to explore all categories, not just colleges, especially service and career opportunities. Combining two areas can also lead to very interesting programs. Juniors are encouraged to use the IIP opportunity to explore various campuses. Projects must involve a minimum of 25 hours of work, activity, etc., and a written and a visual assignment will be required. Details will be provided. Mandatory meetings are required.



Student Course Selection Planner & Worksheet

All Enrichment Week courses correspond with one or more of the following categories. Students are expected to take a course from a different category each year. In this catalog, courses are identified according to a category number as indicated below:

1. College and/or Career Exploration
2. Educational and/or Cultural Experience
3. Recreation and/or Physical Wellness
4. Service Learning and/or Spirituality

Sophomores, Juniors and Seniors, fill out the following information from previous years. It will help you to determine which category you may need to explore and/or investigate during Enrichment Week this year. It is also an opportunity for you to create a plan for your future Enrichment Weeks.

Freshman, please use this planner to project what you would like to sign up for *this year* and plan your *future years* for Enrichment Week.

Freshman:

_____ _____
Category Number Course Name

Sophomore:

_____ _____
Category Number Course Name

Junior:

_____ _____
Category Number Course Name

Senior:

_____ _____
Category Number Course Name

My choices for this year:

1st choice: _____

2nd choice: _____

3rd choice: _____

Notes:



Lasallian Educational Outcomes (LEOs)

A Saint Mary's College High School graduate...

Spiritual: engages life consciously and acquires a Catholic and Lasallian worldview inspired by the Gospel, the teachings of the Catholic Church, and the mission of Saint John Baptist de La Salle.

Physical: demonstrates respect for truth and goodness of God's universe

Emphasis: • *Acquiring scientific knowledge and method* • *Concern for the environment, health and fitness* • *Participation in athletics and dance* • *Relating to the materials of artistic expression*

Emotional: responds positively to the creative potential of emotion

Emphasis: • *Skillful, authentic expression in the arts* • *Coping with adversity and prosperity*
• *Developing empathy* • *Setting goals, realizing hope*

Intellectual: is academically prepared for college; is curious about the world; and demonstrates disciplined, imaginative thinking

Emphasis: • *Critical thinking and problem solving* • *Effective oral and written communication* • *Accessing and analyzing information* • *Transferring skills and knowledge to new situations* • *Service learning*

Communal: actively contributes to communities, ranging from local to global, based on the recognition that we are responsible for each other

Emphasis: • *Concern for the poor* • *Social justice* • *Building community amid diversity*
• *Community service*

Integral: seeks to become an independent, responsible, and reflective person, supported by the Saint Mary's community

Emphasis: • *Developing discernment and sound moral judgment* • *Developing resiliency*